

Cup Plant

Silphium perfoliatum



This easy-to-grow plant has stout leaves that are joined at the stem to form a small cup that holds water and attracts birds. These large perennials require lots of room and form a great back border.

Full Sun to part shade

Dry-wet soil, sand - clay

3-8 ft tall

July – September bloom

✓ bees, birds, & butterflies