

ECOSUPERIOR ENVIRONMENTAL PROGRAMS BE PREPARED FOR CAMP

Each day of our Summer Program is spent outdoors (unless it is unsafe to do so). Therefore, it takes a little preparation to ensure that participants are comfortable while exploring the Central Natural Environment Gardens. Please be sure to include all of the following each day you join us!

1. Appropriate clothing for the weather. This could mean a jacket, rain pants and rubber boots in the morning, and then shorts and a t-shirt in the afternoon. We all know how fast the weather can change in Thunder Bay!
2. Sturdy footwear. Please no flip-flops. Sandals with straps are appropriate and work great for exploring the McIntyre River as well. For safety reasons, participants are to wear shoes at all times.
3. Sunscreen
4. A reusable water bottle
5. A hat
6. A spare change of clothes – there is a good chance we will get wet, dirty or painted throughout the day!
7. A healthy, litter free lunch – a snack featuring a local vendor will be provide everyday
8. A back pack to hold all your gear! Since we often walk to different locations around the neighbourhood, a pack back is the easiest way for participants to carry their belongings.
9. Please **DO NOT** bring cell phones, iPads, or other expensive equipment that may cause conflict between participants, may be damaged or lost.