

Natural Habits



Petrolatum. Surfactants. Solvents. Penetrators. Emollients. Humectants. Fragrances.

What are the ingredients in your everyday personal care products?
How do these products affect your health and the environment?
Make informed choices to protect yourself and the environment.

Seventeen different personal care products (PCP) - the average number a teenager uses in a day – amounts to well over 200 unique synthetic chemicals which can be absorbed directly into the bloodstream and discharged into our water systems. After learning the basic impacts of personal care products, students explore an on-line tool to help them make safer choices and get busy mixing a safe, simple, natural body scrub to take home.

This presentation is relevant for all grades and across a variety of subject areas.

